

CLOW SCHOOL'S FITNESS RECORDS (BOYS)*

GRADE>	5TH	4TH	3RD
TEST:			
PUSH-UPS	Nicholas R.-101('05)^	Nicholas R.-86('04)	Brendan G.-62('00)
CURL-UPS	Richard H.-318('00)	Kevin S.-114('01)	Chris K.-322('01)
SIT AND REACH	Dylan M.-19"('01)	Dylan M.-18"('00)	Brandon M. -19" (07)^
ENDURANCE TEST	Richard H.-4:15('01)	Daniel L.-4:19('02)	Jimmy M.-3:10('02)
FLEXED ARM HANG			
SHUTTLE RUN			
PULL-UPS			
STANDING LONG JUMP			
50 YARD DASH			
GRADE>	2ND	1ST	
TEST:			
PUSH-UPS	Trevor T. - 56 (07)^	Nicholas R.-48('01)	
CURL-UPS	Joey G.-66('01)	David C.-66('02)	
SIT AND REACH	Justin S.-16"('01)	Austin S.-16"('02)	
ENDURANCE TEST	Danny K.-2:59('02)	Alex T.-1:32('02)	
FLEXED ARM HANG			
SHUTTLE RUN			
PULL-UPS			
STANDING LONG JUMP			
50 YARD DASH			
^record accomplished with Mr. Jayne as the P.E. Teacher			
* records accomplished when Mr. Eich was the P.E. Teacher			

CLOW SCHOOL'S FITNESS RECORDS (GIRLS)*

GRADE>	5TH	4TH	3RD
TEST:			
PUSH-UPS	Kara P.-78('04)	Sarah K.-45('00)	Caitlyn S.-52('02)
CURL-UPS	Moriah P.-401('04)	Amber B.-411 (07)^	Katie K.-349('02)
SIT AND REACH	Maya L. -20" (07)	Madeline L.-191/2 (07)^	Gracie S.-19" (07)^
ENDURANCE TEST	Danielle H.-4:21('02)	Camile W.-4:25('02)	Caitlyn S.-2:59('02)
FLEXED ARM HANG			
SHUTTLE RUN			
PULL-UPS			
STANDING LONG JUMP			
50 YARD DASH			
GRADE>	2ND	1ST	
TEST:			
PUSH-UPS	Caitlyn S.-42('01)	Krista H.-53('02)	
CURL-UPS	Amanda S.-335('01)	Amanda S.-71('00)	
SIT AND REACH	Amanda S.-18"('01)	Amanda S.-17"('00)	
		Sophie L.-17"('04)	
		Samantha C. -17" (07)^	
ENDURANCE TEST	Brooke Ksiazek-3:11('02)	Shea S.-1:34('02)	
FLEXED ARM HANG			
SHUTTLE RUN			
PULL-UPS			
STANDING LONG JUMP			
50 YARD DASH			

^record accomplished with Mr. Jayne as the P.E. Teacher
 * records accomplished when Mr. Eich was the P.E. Teacher